Football

Rules

- 1. Year 3 is played 5 v 5 with a size 3 ball.
- 2. Year 4 is played 7 v 7 with a size 3 ball.
- 3. Year 5 & 6 is played 7 v 7 with a size 4 ball.
- 4. A kick-off starts play at the start of the match or after a goal. A kick-off involves one player kicking the ball, from stationary, forward from the centre spot. All players must be in their half before kick-off. After half time, the teams switch direction and the other team will kick-off. After a goal is scored, the team which conceded the goal will kick-off to restart play.
- 5. A goal is scored when the ball crosses the goal line inside the goal mouth.
- A foul is an offence which could be using excessive force while playing the game either deliberately or unintentionally or to handle the ball (unless you are a goalkeeper). The referee may caution players for offences.
- 7. Free kicks are given when there has been a foul and are always direct in the school game. The kick should be taken from a stationary position where the offence occurred.
- 8. Penalty kicks are given against a team when they commit an offence inside their penalty area. The ball is kicked from stationary from the penalty spot. The opposing team must be outside of the penalty area.



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- 9. Goal kicks are taken anywhere inside the penalty area and are awarded when the attackers put the ball off the backline.
- 10. A throw-in is used to restart play after the whole of the ball has crossed the touchline.
- 11. A corner kick is given when the whole of the ball crosses the backline and was last touched by a member of the defending team (and no goal was scored). A corner kick is taken from inside the corner arc on the side the ball went out.
- 12. All opposing players must be at least 5 yards from the ball on the taking of free, goal and corner kicks.
- 13. There is no offside.

