

Secret Agent Crib Sheet

Instructions for each trio...

Beginning Section

Perform the Secret Solo – all three children doing their own solo at the same time

- Start still image
- 3-5 actions
- End still image

Remember to include changes of level and direction.

Middle Section

Perform the Agent's Phrase as a trio

Starting position – standing legs wide, arms folded

1. **Gesture:** punch forward with the right arm, then repeat with the left arm
2. **Turn:** duck down, bending the knees, then straighten back up again
3. **Jump:** jump the feet together into a pencil jump and land in a squatting position
4. **Gesture:** use the hands to climb upwards into a standing position
5. **Balance:** kick the right leg to the right side, then place the feet back together
6. **Balance:** kick the left leg to the left side, then place the feet back together
7. **Turn:** jump the feet so they are crisscrossed then pivot around on the toes/heels to circle all the way around
8. **Jump:** jump the legs apart and push the hands out to the side of the body at the same time

Remember to include changes in formation and canon

Perform the Combat as a trio

- Start still image
- 3-5 actions
- End still image

Remember to include changes in speed and facial expression.

Ending

Perform their Mission Complete as a trio

- Start still image
- 3-4 gestures
- Ending position to demonstrate that the mission is complete

