

Key Stage 2

Olympic and Paralympic Games Paris 2024 Games Pack

THE PE HUB

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LKS2 Comprehension Worksheet

Read the following passage about the Paris Olympics and Paralympics in 2024 and answer the questions below:

Olympic and Paralympic Games Paris 2024

Paris is set to host the Olympic and Paralympic Games in 2024. These are exciting events where athletes from all over the world gather to compete in various sports. Let's explore what makes these games special.

Olympics

The Olympic Games bring together athletes who compete in events such as running, swimming, gymnastics, and more. The symbol of the Olympics is five interlocking rings, each representing a different continent. In 2024, Paris will buzz with energy as athletes showcase their skills and sportsmanship.

Paralympics

The Paralympic Games are equally incredible. Athletes with disabilities compete in adapted sports, proving that strength, skill, and determination know no limits. The Paralympic symbol is the Agitos, three crescent shapes representing the Paralympic values of courage, determination, equality and inspiration. These games celebrate diversity and show that everyone can achieve greatness.

Paris - The City of Wonders

Paris is a magnificent city in France, known for its beautiful landmarks and rich culture. It is often called the "City of Lights" and is famous for its iconic landmarks. One of the most well-known landmarks is the Eiffel Tower. This tall iron structure was built in 1889 and stands by the Seine River. Millions of people visit Paris every year to see the Eiffel Tower and take breathtaking pictures of the city from its top. Another famous landmark is the Louvre Museum, home to the famous Mona Lisa painting. The Louvre is one of the largest art museums globally, with thousands of artworks from different historical periods.

Olympic and Paralympic Games Paris 2024 Questions

1. When will the Paris Olympics and Paralympics take place?									
2. What do the five interlocking ring	gs represent in the Olympic symbol?								
A. Different continents	B. Types of sports	C. Famous athletes							
3. How are the Paralympic Games special?									
□ A. Only for adults	 B. Celebrate diversity and showcase athletes with disabilities 	C. Focus on traditional sports							
4. What is the Paralympic symbol, a	nd what does it represent?								
5. What is the name of the river near the Eiffel Tower?									
6. What famous painting is housed in the Louvre Museum?									
7. In your opinion, why are courage,	7. In your opinion, why are courage, determination, and inspiration important in sports?								

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UKS2 Comprehension Worksheet

Read the following passage about the Paris Olympics and Paralympics in 2024 and answer the questions below:

Olympic and Paralympic Games Paris 2024

Paris is set to host the Olympic and Paralympic Games in 2024. These are exciting events where athletes from all over the world gather to compete in various sports. Let's explore what makes these games special.

Olympics

Paris is gearing up to host the Olympic Games in 2024. This international event brings together athletes from various countries to compete in events such as athletics, swimming, gymnastics, and more. The Olympic Games have a rich history, dating back to ancient Greece, and they are a symbol of unity, sportsmanship, and excellence.

Paralympics

In addition to the Olympic Games, Paris will also host the Paralympic Games in 2024. The Paralympics are a celebration of athleticism, determination, and inclusivity. Athletes with physical, intellectual, or visual impairments compete in various sports, showcasing their incredible skills and breaking down barriers.

Paris - The City of Wonders

Paris, France's capital city, is filled with history, culture, and stunning landmarks. Let's explore some of the fascinating aspects of this beautiful city!

Eiffel Tower:

The Eiffel Tower is one of the most iconic landmarks in the world. It was built in 1889 and stands at 324 meters tall. People from all over the globe visit Paris to see this majestic structure and enjoy breathtaking city views.

Louvre Museum:

The Louvre is the world's largest art museum and a historic monument in Paris. Home to thousands of works of art, including the famous Mona Lisa, it attracts art enthusiasts and tourists alike.

Notre Dame Cathedral:

Although damaged by a fire in 2019, Notre Dame Cathedral remains a symbol of Paris. The cathedral's stunning architecture has a rich history dating back centuries.

The Seine River:

The Seine is a famous river that flows through Paris. It is known for its romantic bridges and the opportunity to take boat cruises. Many consider a stroll along the Seine to be a magical experience.

Olympic and Paralympic Games Paris 2024 Questions

1. What city will host the Olympic Games in 2024?

2. Name three sports that athletes compete in during the Olympic Games.

3. What are the three ideals that the Olympic Games are a symbol of?

4. What do the Paralympics celebrate?

5. Why do you think hosting the Olympic Games is considered a significant honour for a city?

6. In what ways might the Paralympics contribute to changing people's perceptions about disabilities?

7. When was the Eiffel Tower built, and how tall is it?

8. What is the Louvre Museum famous for?

Olympic and Paralympic Games Paris 2024 Questions



9. When did the Cathedral of Notre Dame suffer damage in a fire?

10. Imagine you are taking a boat cruise on the Seine River. What sights and experiences do you think you might encounter?

Olympic and Paralympic Games Paris 2024 Olympic Maths

1. The opening ceremony starts at 8pm and lasts for 2 ½ hours. What time will it finish?

2. The men's 100m world record is 9.58 seconds. The women's 100m world record is 10.49 seconds. What is the difference between the records?

3. A marathon is 26.2 miles long. How long is a half marathon?

4. The men's United States 4 x 100m swimming team's times for each leg are below.

Ryan Murphy – 52.31 seconds

Michael Andrew – 58.49 seconds

Caeleb Dressel - 49.03 seconds

Zach Apple – 46.95 seconds

What was their total time to complete the race?

5. A ticket to watch the Olympic opening ceremony costs €25.00. 5,000 tickets have been sold for the opening ceremony. How much money has been made from ticket sales for the opening ceremony?

Olympic and Paralympic Games Paris 2024 Olympic Maths

Tokyo Olympic Games 2020 Medal Table									
Rank	Country	Gold Medals	Silver Medals	Bronze Medals	Total Medals				
1	United States		41	33	113				
2	China	38	32	19					
3	Japan	27		17	58				
4	Great Britain		20	22	64				
5	ROC	20	28		71				
6	Australia	17	7	22					
7	Netherlands	10 12		14					
8	France	10	12		33				
9	Germany	10		16	37				
10	Italy	10	10	20					
Total		203		197					

6. Can you fill in the missing numbers from the medal table below?

Olympic Science

Our Bodies and Sport

Athletes need their bodies to be in peak physical condition to achieve their very best in their event. Different events require different body types, depending on the demands of the event. For example, a shot putter needs strength and power, so they are usually very muscular. In contrast, a long-distance runner needs stamina and endurance, so they are usually very lean.

But what parts of the body are most important for elite performance, and how can athletes look after each of them?

The Skeleton

The skeleton is like the body's frame. It is made up of bones that join together. It has three main functions, which are to support, protect and allow movement.

Support: The skeleton provides the framework for the body. It keeps our bodies upright and gives them shape. Without a skeleton, all the other parts of the body, such as muscles and skin, would be like jelly on the floor!

Protects: The skeleton protects the organs inside the body from getting damaged so that they can continue to work. For example, the skull protects the brain, and the ribcage protects the heart and lungs.

Movement: Where two bones meet is called a joint. The joints work together with muscles to produce a movement. For example, when running, the knee bends by the leg bones and muscles working together.

In the Olympics, having a strong skeleton is important because it supports the body, helps athletes move efficiently and protects the vital organs, like the heart and lungs, when doing sports.

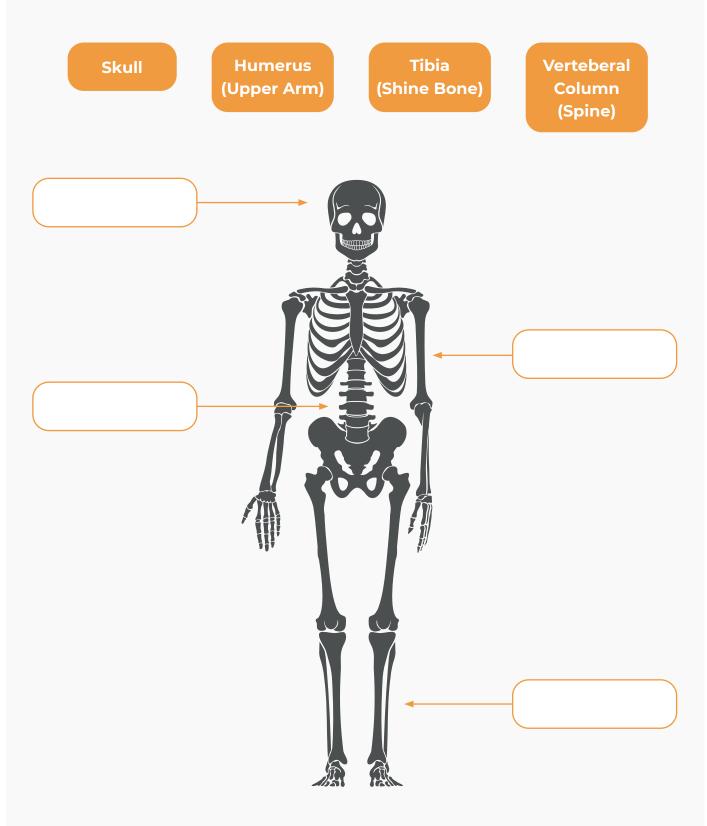
Some examples of bones include:



Olympic Science

The Skeleton Labelling

1. Can you match the bones to the correct part of the skeleton?



2. Can you label any more bones of the skeleton? Share your ideas with others to see how many more you can add.

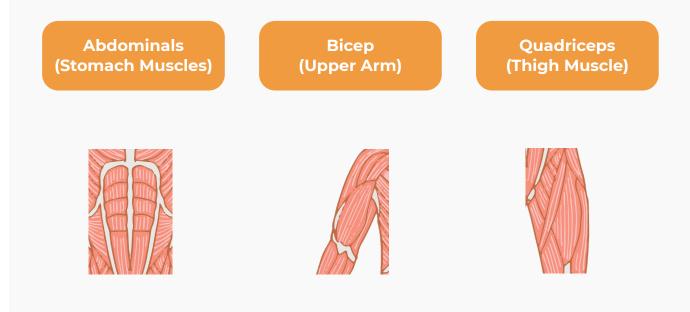
Olympic and Paralympic Games Paris 2024 Olympic Science

Muscles in the Body

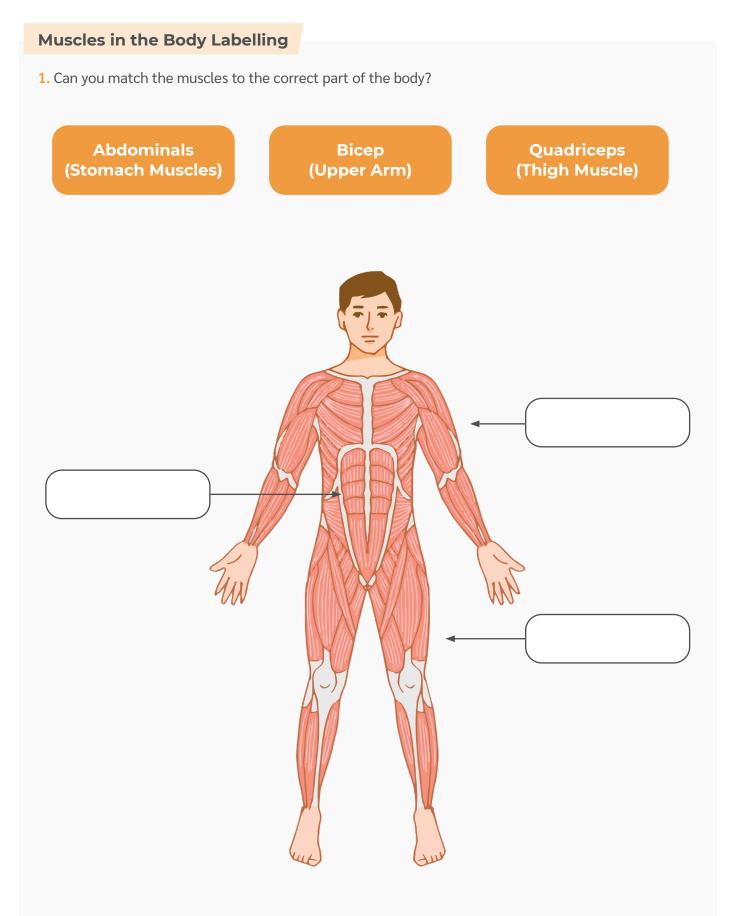
Muscles are like the engines of our bodies. They help us move by working with the bones and joints of the skeleton. When we want to bend our arms or move our legs, the muscles work. Muscles can stretch and contract. When they contract, they get shorter and pull on our bones to make them move.

Athletes need strong muscles to compete in different sports in the Olympics. For example, sprinters need strong leg muscles to run fast, and swimmers need strong arm muscles to pull themselves through the water to swim quickly.

Some examples of muscles include:



Olympic Science



2. Can you label any more muscles of the body? Share your ideas with others to see how many more you can add. PEHUB

Olympic and Paralympic Games Paris 2024 Olympic Geography

The Olympic Rings

The Olympic Rings are five interlocking rings that symbolise the union of the five continents through sports. This differs from the continents used by Geographers, as they separate the Americas into North and South America.

A continent is the name given to different geographical regions of the world. Each continent is made up of many countries in the same area. Each ring represents a region: Africa, the Americas, Asia, Europe, and Oceania.

Where the Games have been held

Here is a list of where the Olympic and Paralympic Games have been held in the past 24 years:

Year	City	Country	Continent
2024	Paris	France	Europe
2020	Токуо	Japan	Asia
2016	Rio de Janeiro	Brazil	South America
2012	London	United Kingdom	Europe
2008	Beijing	China	Asia
2004	Athens	Greece	Europe
2000	Sydney	Australia	Oceania

Since the birth of the Modern Olympics in 1896, Europe has hosted the most games, 17. The Americas are next with 6, followed by Asia with 4 and Oceania with 2. Africa has never hosted a Modern Olympics.

The Five Continents







Olympic and Paralympic Games Paris 2024 Olympic PHSE

Olympic and Paralympic Values

Athletes competing in the Olympics or Paralympics strive to win gold medals. However, it is equally important for them to exhibit ethical behaviour throughout the competition. At the opening ceremony, every participant and official takes an oath to uphold the values of the games while competing.

Olympic Values

Excellence

Athletes try their hardest to perform and achieve their best, no matter what happens in their competition.

Friendship

Athletes make friends with their competitors, who may be from different cultures and backgrounds, to share and celebrate their love of their event.

Respect

Athletes should respect competitors, officials and the rules of their event throughout the competition.

Paralympic Values

Courage

Athletes can compete in their event, overcoming fears and challenges that may try to stop them.

Determination

Athletes show a strong commitment to participating in their events and trying to achieve their best.

Equality

Athletes are treated with the same respect whilst competing, regardless of their impairments.

Inspiration

Athletes motivate and inspire other athletes and people watching through their actions whilst competing in their events.



Olympic and Paralympic Games Paris 2024 Olympic PHSE



Olympic and Paralympic Oaths

An oath is a promise that we make to ourselves and others. It's a special pledge where we promise to do something important, like telling the truth, being kind to others, and doing our best. When we take an oath, we're showing that we understand the importance of keeping our word and acting with integrity. It's a commitment to being the best version of ourselves and to making the world a better place.

At the opening ceremony of an Olympic or Paralympic Games, one athlete, one coach and one official are selected to take the oath on behalf of everyone involved. The oath is as follows...

"In the name of the athletes. In the name of all judges. In the name of all the coaches and officials. We promise to take part in these Olympic Games, respecting and abiding by the rules and in the spirit of fair play. We all commit ourselves to sport without doping and cheating. We do this, for the glory of sport, for the honour of our teams and in respect for the Fundamental Principles of Olympism."

My Oath

1. Can you create an oath for your school/class/club? Consider what values you want people to show who will take the oath. Write your oath out and decorate the page to create a poster for your oath.

Υ	С	Y	С	L	I	N	G	J	Q	F	В	R	W
Ρ	J	Е	Х	В	0	С	С	I	Α	L	L	R	S
Α	Α	Т	Н	L	Е	Т	I	С	S	G	I	0	K
L	R	S	S	Н	W	S	R	Т	В	F	Ν	W	Α
Н	Ν	I	Μ	G	X	Т	Н	W	Ν	0	D	I	Т
Μ	0	L	Y	0	J	U	D	0	Ν	Α	F	Ν	Е
S	Е	V	В	Α	G	D		В	Μ	R	0	G	В
Н	D	Е	R	L	F	В	Н	Т	Е	С	0	S	0
K	Μ	R	0	В	Ζ	L	E	R	L	Н	Т	S	Α
L	Ρ	S	Ν	Α	Н	Ρ	Ρ	W	Н	E	В	Ν	R
В	W	Е	Ζ	L	G	Y	Н	Α	V	R	A	Q	D
Ρ	V	Н	Е	L	Р	J	Ν	W	R	Y	L	U	I
Q	R	G	W	Т	W	G	0	L	D	Ι	L	S	Ν
U	Е	G	Y	Μ	Ν	Α	S	Т	Ι	С	S	V	G

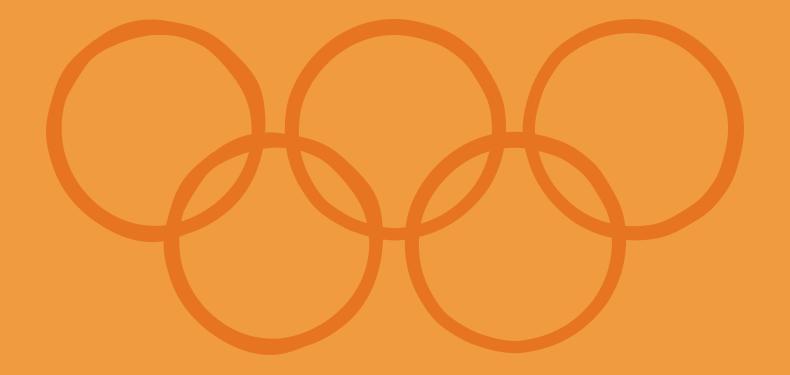
ARCHERY

- **ATHLETICS**
- **BLIND FOOTBALL**
 - BOCCIA
 - BRONZE
 - CYCLING
 - GOALBALL

GOLD GYMNASTICS JUDO PARIS ROWING SILVER

SKATEBOARDING







We are transforming how primary PE is delivered across the UK and helping children to develop a lifelong love for physical activity.

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